

माझगांव डॉक शिपबिल्डर्स लिमिटेड  
**MAZAGON DOCK SHIPBUILDERS LIMITED**

**Notice for All Retired Employees**

Date: 26<sup>th</sup> May 22

**All Ex Employees**

**Post Retirement Medical Scheme (PRMS) 2022-23**

Kindly note the revised Health Service Benefit Provider contact details as mentioned below. Kindly submit bills and claims at the revised address.

Name	Position	Telephone	Email
<b>Operations Department (Paramount Healthcare Management Private Limited)</b>			
General Helpline nos.	General Helpline nos.	+91 22 40004219/ +91 22 4000 4216	<a href="mailto:al.request@paramount.healthcare">al.request@paramount.healthcare</a>
<b>Incase general helplines are not reached.You may reach following numbers</b>			
Mr Subhash Rawte	Asst Manager	91 22 40004255	<a href="mailto:subhash.rawte@paramount.healthcare">subhash.rawte@paramount.healthcare</a>
Dr. Pinky Patel	Manager	7208877576	<a href="mailto:pinky.patel@paramount.healthcare">pinky.patel@paramount.healthcare</a>
Dr. Ashwini Deshpande	General Manager	+91 22 40004234	<a href="mailto:ashwini.deshpande@paramount.healthcare">ashwini.deshpande@paramount.healthcare</a>

**Reimbursement Claims to be submitted at :-**

**Address:**

Paramount Healthcare Management Pvt. Ltd.  
Address 501, Sumer Plaza, Marol Maroshi Road, Marol, Andheri (E), Mumbai-400059

  
**Kalpana Parate**  
**AGM( HR-SBC)**